

Finger Lakes Community College Student Athlete Code Of Conduct

**“The more you sweat in practice, the less you will bleed in battle.”
-Author unknown.**

FINGER LAKES COMMUNITY COLLEGE ATHLETIC DEPARTMENT

"It's a dream until you write it down, and then It's a goal."

Our Mission....*The Finger Lakes Community College Athletic Program will function as an integral part of Finger Lakes Community College and the community, and will provide student athletes an environment that develops and promotes social, academic and athletic excellence. Our mission is to focus on the advancement of the individual and help each student athlete to become a life long learner. Our coaches and support staff are devoted to the improvement of the academic skills of each student athlete, the refinement of athletic abilities, and teaching self-discipline, sportsmanship and teamwork. Our program strives to instill the values of leadership and citizenship and provides each student athlete with the necessary resources to reach his or her maximum potential.*

"The more you sweat in practice, the less you will bleed in battle."

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Student Athlete Expectations

"There are no office hours for champions" ---- Paul Dietzel, Football Coach

Representing Finger Lakes Community College as a member of one of its athletic teams is an honor and a challenge involving a great deal of individual responsibility. Academic progress and success must be your first priority. Good study habits and proper utilization of all your time are necessary to strike the proper balance necessary to do justice to your studies and athletic team requirements.

Student-Athletes are one of the most visible groups in the college community due to their public exposure via the competitive arena. Consequently, what you do and the way in which you do it requires exemplary behavior, particularly in the classroom. Basic courtesies and your responsibilities as a representative of the Athletic Department require that you:

- Treat instructors and classmates with courtesy and respect.
- Arrive at class on time and not leave early.
- Be prepared for all classes.
- Be attentive in taking notes and active in participating in class discussions.
- Notify your instructor in advance when competition or travel requires you to miss class.
- Discuss with your instructors in advance the procedure you are to follow if competition necessitates missing an examination or assignment deadline.
- Act like a true all around champion and challenge yourself academically. Remember that if you do things in groups with other student-athletes, your behavior invites the judgment of athletics as a group. If you attend class with other student athletes, your behavior should reflect positively on the Athletic Department and your sport in particular. Your behavior has a definite impact on the reputation of the Athletic Department and attitudes the campus community has toward your fellow student-athletes. Your conduct will be closely scrutinized as you compete on campus, as you travel, and as you compete off-campus. You will be looked upon as a role model, particularly by young children, and it is important that your personal conduct be above reproach at all times. It

is expected that when you are a representative of Finger Lakes Community College as a student-athlete, either at the college or on road trips, you will:

- Abide by all team rules/ training rules as outlined by your coach.
- Dress appropriately and remember that you represent the college.
- Be courteous to, cooperate with, and patient with fans, officials, community members and media personnel.
- Refrain from use of inappropriate language, signs, symbols, or unsportsmanlike conduct.
- Refrain from loud, attention-drawing, or discourteous behavior when traveling, staying in hotels, visiting other campuses, or similar conditions.

Student Athletes are expected to comply with all regulations stated in Finger Lakes Community College's Student Code of Conduct and this Student Athlete Code of Conduct. Student Athletes who violate these standards of behavior will be subject to disciplinary charges and/or removal from the athletic program. Disciplinary charges may be initiated by members of the college athletic department (including coaches and teammates), or any college employee. Written and signed disciplinary charges may be submitted to the Athletic Director, Finger Lakes Community College 4355 Lakeshore Drive, Canandaigua, NY 14424. Students charged with violating the Code of Conduct will be required to appear before an Administrative Hearing with the Athletic Director or his designee. Coaches of the accused student-athlete may be asked to this hearing. Any violations of the Student Code of Conduct Policy will be administered by the Dean of Students. All suspensions or dismissals for violations of the Student Athletic Code of Conduct or an individual team's guidelines will be administered by the Athletic Director. **"I don't want average people. Average people cut corners. Winners know there are no shortcuts." Pat Summitt-Seven time NCAA Coach of the Year, Basketball Hall of Fame**

SPORTSMANSHIP

Certain standards of behavior are expected of all student-athletes and team personnel participating in any athletic event. Student-athletes are guests at any event, their participation is a privilege not a right. Sportsmanship and citizenship are modes of conduct that promote and develop respect for fellow participants, coaches, and teammates. That respect should also be reflected in each student-athletes behavior toward officials and spectators. Every individual participating in any athletic event must abide by the following:

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VIOLENT BEHAVIOR - Acts of violence or flagrant acts during or related to an athletic contest are not permitted. A violent act is one in which physical contact or an attempt to make physical contact occurs, the purpose of which is to damage, harm, intimidate, or otherwise injure a person or property.

Penalty for Violent Behavior - Any player or team personnel who is guilty of leaving his/her sideline, bench or position to participate in violent behavior will be considered a responsible party in such behavior and will be subject to the following:

1. Immediate ejection.

2. A minimum suspension of one game to be served during the next scheduled contest during the regular season and/or post season play. Suspension of student-athletes occurring at the end of season shall carry over to the next academic year and will be served during the first scheduled contest of that year. The length of the suspension will depend on the severity of the infraction and may result in dismissal from the team and failure in the class.

3. Should an individual be ejected for violence a second time during a given season, that individual shall be dismissed from the team and fail the class. The student will also be prohibited from participating in any intercollegiate athletics for the remainder of that academic year.

* NON-VIOLENT UNSPORTSMANLIKE BEHAVIOR - Non-violent unsportsmanlike behavior during or related to any athletic event is prohibited. This behavior includes profanity, vulgar gestures, trash talk and loud or abusive language directed at players, coaches, contest officials and/or spectators.

Penalty for Non-violent Unsportsmanlike Behavior - Any player, or team personnel guilty of non-violent unsportsmanlike behavior is subject to the following:

1. Immediate ejection.

2. A minimum suspension of one game to be served during the next scheduled contest during the regular season and/or post season play. The length of the suspension will include a maximum of five games depending on the severity of the infraction and the total number of games in the season.

3. Should an individual be ejected a second time during a given season, that individual may be dismissed from the team and/or fail the class.

***VIOLATION OF STUDENT CODE OF CONDUCT**

Any student athlete charged with violating the Student Code of Conduct Policy will be suspended from all athletic participation (maximum two games while case is being reviewed) until a decision has been reached by the Dean of Student Services. Any student athlete placed on probation by the Dean of Student Services will not be allowed to participate in any athletic contests for the duration of that probation. The student may practice during the probation period.

In addition:

Any student athlete found using, possessing, or selling alcoholic beverages at a home contest or during an away athletic trip will be immediately suspended from the team.

Any student athlete under the age of 21 found using, possessing, or selling alcoholic beverages will be suspended for two contests for the first offense and

dismissed from the team for a second offense.

Use of tobacco products are unhealthy and a detriment to athletic performance and therefore should not be used. Student athletes using found using tobacco products will be referred to the Student Health Center for Counseling.

Any student athlete found using, possessing, or selling illegal substances, will be immediately suspended from the team and will lose the right of any athletic participation at Finger Lakes Community College.

Some incidents may not be a violation of the Student Code of Conduct, but may cause embarrassment to the team, college or yourself and will be administered by the Athletic Director.
Consequently:

1. The first offense would result in a 1-5 game suspension or depending of the severity of the infraction may result in dismissal from the team and failure in the class.
2. The second offense will result in dismissal from the team and failure in the class.

ROAD/OVERNIGHT TRIPS

Most travel is by chartered coach. Student/athletes are required to treat the bus driver with respect. You will be expected to keep the bus free of garbage and debris. Anything you bring on the bus you must remove at the conclusion of the trip. On occasion an overnight stay may be required. You will be required to conduct yourself in a first class manner and adhere to all of the rules and regulations of the hotel. Everyone staying in a room is responsible for the room. Any extra charges to a room will be charged back to **all** the individuals staying in the room, individuals will be suspended until the extra charges are paid.

INDIVIDUAL SPORT GUIDELINES

In addition to this Athletic Code of Conduct a coach may also require certain standards of participation for his/her athletic team. These specific guidelines will be part of the course syllabus given to all participants that qualify to be members of that athletic team.

***ACADEMIC GUIDELINES**

Finger Lakes Community College is a member of the National Junior College Athletic Association and abides by NJCAA rules, which includes the following:

* Transfer students must have an official college transcript sent to the Registrar's Office.

* The GPA that transfer students attained at other institutions must be used in determining student's eligibility.

* Students must be enrolled at FLCC when the sport commences. A student could not join the basketball team if he/she enrolled in January. The only exceptions are religious missions or military duty.

* Part-time students are eligible if they attend the same institution at least one academic year as part-time students prior to his/her participation, passing at least 12 credit hours with an overall GPA of 1.75 or better. If at any time the students enroll full-time, they forfeit the privileges under the part-time rule.

* During the advisement process, any transfer student, part-time student, and non high school graduate, or students with delayed enrollment should be referred to the Athletic Director.

Any student/athlete that provides false information, transcripts and or documents to this college effecting eligibility will lose the right of any athletic participation at Finger Lakes Community College.

A partial list of the eligibility guidelines would include the most common areas of concern for the student athlete:

1. Every student athlete must be enrolled in at least 12 credit hours each semester to be eligible to compete. Any student dropping below 12 credit hours, at any time during the semester, will immediately become ineligible.

2. Academic standing needed to participate at Finger Lakes Community College.
1st Semester: Must maintain enrollment in a minimum of 12 credit hours.

2nd Semester: For Spring sports, or sports that span two semesters, the student athlete must pass a minimum of 12 credit hours with a 1.75 grade point average before the start of the second semester sport.

Second Season of Competition

1st Semester: Student must pass a minimum of 24 credit hours with a 2.00 grade point average.

AND

Pass a minimum of 12 credit hours with a 1.75 grade point average or higher the previous semester.

OR

Pass an accumulation of credit hours equal to 12 multiplied by the number of terms in which the student was previously enrolled full-time.

2nd Semester: Same as the 1st semester of the second season of competition.

ACADEMIC CREDIT

A student/athlete at Finger Lakes Community College is eligible to receive one credit of physical education upon successful completion of his/her sport. Please be aware of the grading policies for your sport that are part of the course syllabus. Questions or concerns regarding your grade should first be directed to your coach immediately upon receipt of your grades. If your questions are not addressed please contact the Athletic Director, Bob Lowden.

Participation on a college athletic team does not allow student/athletes the freedom to miss other scheduled academic responsibilities. A game/meet is not an excused absence from a class and it is the student/athletes responsibility to adhere to the grading/attendance policies of each instructor.

GRADES/TRANSCRIPTS

As a student athlete at Finger Lakes Community College I understand that the college must verify all academic records as a condition of participation on an intercollegiate team. I give my consent to use my grades and/or college transcripts for purposes of NJCAA eligibility and/or transfer eligibility to another institution. I also give my consent that my academic records may be released to my parents/guardian/spouse for purposes of eligibility and/or participation on an intercollegiate athletic team. I understand that my failure to return uniforms and/or equipment that is property of Finger Lakes Community College will result in no official transcript, a registration hold, and diploma hold through the office of the Registrar.

INJURIES/INSURANCE/PHYSICAL EXAMINATIONS

I will report my injury to the Athletic Trainer at the time it occurs. If I cannot report the injury immediately, I will report it as soon as possible to the Athletic Trainer and fill out an Accident Report Form. The student athlete is responsible for attaining an insurance claim packet from the Athletic Trainer and is responsible for all insurance concerns from that point. Each full-time student has insurance coverage up to \$3,000.00. Every Full-time student athlete has additional coverage as an athletic participant. It is the responsibility of all part-time students to notify their coach of their academic part-time status.

In order to participate on an intercollegiate team a student must have passed a physical exam in the current academic year. The physical exam may be taken in June, July or August prior to the fall semester or any time during the academic year of participation as long as the physical is prior to the first scheduled practice or tryout. I give my consent to use my medical examination records for purposes of NJCAA Eligibility.

STUDENT ATHLETIC CODE OF CONDUCT

STUDENT ACKNOWLEDGMENT

I acknowledge that I have received a copy of the Student Athletic Code of Conduct and may obtain the Student Code of Conduct Policy via the Academic Planner, the Dean of Student's Office, or by visiting this web-site:
flcc.edu/offices/student-services/resources/html/codeofconduct.

My signature on this document indicates I have read and understand my responsibilities
and will abide by it.

Intercollegiate Sport _____

Print Name _____

Signature _____

Student I.D. Number _____

DATE _____

Document Revision: July, 2007